		TUEODAY			
~	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	*Coco Bread, Diced Pears, Juice	*Lucky Charms Cereal Bar, Applesauce Cup, Juice	*Blueberry Muffin, Yogurt, Mixed Fruit Cup, Juice	*Mini Chocolate Donuts, Diced Peaches, Juice	*Cereal Kit, Mandarin Oranges, Juice
	*Crispy Chicken Sandwich, Cheez- it's, Baby Carrots, Mixed Greens, Apple Slices, Mayo	*Hot Dog on a Bun, Baked Beans, Sun Chip, Pineapple Chunks, Ketchup, Mustard	*Pepperoni Pizza, Romaine Lettuce, Broccoli Bites, Orange Smiles, Ranch Dressing	*Chicken Tenders, Onion Rings, Cauliflower Bites, Pear, BBQ Sauce, Ketchup	*Mini Pancakes, Sausage Link, Hash Brown Patty, Syrup Cup, Mandarin Oranges, Ketchup
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 2	*Cinnamon Roll, Applesauce Cup, Juice	*Dunkin Sticks, Mixed Fruit Cup, Juice	*Cinnamon Toast Crunch Muffin & Diced Pears, Juice	*Chocolate Chip Oatmeal Bar, Mixed Fruit Cup, Juice	*Coco Puff Cereal Bar, Craisin, Juice
	*Hamburger on a Bun, Baked Cheetos, Green Beans, Tropical Fruit, Ketchup, Mustard, Mayo	* Corn Dog, Baked Beans, Goldfish Crackers, Diced Peaches, Ketchup, Mustard	*Cheese Pizza, Romaine Lettuce, Cauliflower Bites, Orange Smiles, Ranch Dressing	*Chicken Nuggets, Bug Bites Graham Crackers, Sweet Corn, Watermelon, BBQ Sauce	*Waffle, Cheese Omelet, Hash Brown Bites, Syrup Cup, Apple Slices, Ketchup
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 3	*Banana Bread, Mixed Fruit Cup, Juice	*Cinnamon Toast Crunch Bar, Cherry Applesauce Cup, Juice	*Mini Donuts, Diced Peaches, & Juice	*Waffle Graham Crackers, Diced Pears and Juice	*Cereal Kit, Mandarin Oranges, Juice
	*Crispy Chicken Sandwich, Cheez- it's, Baby Carrots, Mixed Greens, Apple Slices, Mayo	*Hot Dog on a Bun, Baked Beans, Sun Chip, Pineapple Chunks, Ketchup, Mustard	*Pepperoni Pizza, Romaine Lettuce, Broccoli Bites, Orange Smiles, Ranch Dressing	*Chicken Tenders, Onion Rings, Cauliflower Bites, Pear, BBQ Sauce, Ketchup	*Mini Pancakes, Sausage Link, Hash Brown Patty, Syrup Cup, Mandarin Oranges, Ketchup
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 4	*French Toast Bar, Diced Peaches, Juice	*Chocolate Banana Bar, Mixed Fruit, Juice	*Trix Cereal Muffin, Craisins, Juice	*Strawberry Pop Tart, Yogurt, Diced Peaches, Juice	*S'more Bar, String Cheese, Applesauce Cup, Juice
	*Hamburger on a Bun, Baked	* Corn Dog, Baked Beans,	*Cheese Pizza, Romaine Lettuce,	*Chicken Nuggets, Bug Bites	*Waffle, Cheese Omelet, Hash

* = Whole Grain ingredients used in this product Fresh Vegetables served daily (sometimes right from our school garden!) All meals are served with a Choice of Milk Menu is subject to change without notice

> Jenna Vekaryasz - Food Service Supervisor 989.734.9164 or jenna.vekaryasz@rcashurons.org Rogers City Area Schools is an Equal Opportunity Provider.

FREE

BREAKFAST AND LUNCH

SERVED DAILY!

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ROGERS CITY ELEMENTARY SCHOOL MENU