



ROGERS CITY ELEMENTARY SCHOOL MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	*Lucky Charms, String Cheese Diced Pears *Spaghetti w/ Meat Sauce, Garlic Bread, Mixed Greens Pineapple Tidbits	*Coco Puff Bar, Applesauce Cup *Corn Dog, Baked Beans, Orange Smiles, Ketchup and Mustard	*Blueberry Bread, Yogurt, Mixed Fruit Cup *Cheese Pizza, Romaine Lettuce, Cinnamon Apple Slices, Italian Dressing	*Cinnamon Muffin, Diced Peaches *Chicken Tenders, Oven Baked Fries, Tropical Fruit, Ranch Cup	*Granola Bar, String Cheese, Mandarin Oranges *Breakfast Burrito, Hash Brown Patty, Salsa Cup, Pear, Ketchup
Week 2	*Cinnamon Roll, Applesauce Cup *Cheese Bosco Sticks, Steamed Broccoli, Marinara Cup, Apple	*Fudge Poptart, Mixed Fruit Cup *Chicken and Cheese Quesadilla, Refried Beans, Salsa Cup, Pear	*Cinnamon Toast Crunch Muffin & Diced Pears *Hamburger/Cheeseburger, Oven Baked Fries, Grapes, Ketchup, Mustard & Mayo	*Chocolate Chip Oatmeal Bar, String Cheese, Mixed Fruit Cup *Macaroni and Cheese, Dinner Roll, Baby Carrots, Orange Smiles	*Cereal Kit with Apple Juice *Mini Pancakes, Hash Brown Bites, Sausage Links, Apple Slices, Syrup Cup, Ketchup
Week 3	*Banana Bread, Cheese Stick, Mixed Fruit Cup *Grilled Cheese and Tomato Soup, Strawberry Cup	*Blueberry Muffin, String Cheese, Mango Applesauce Cup *Stuffed Crust Pizza, Spinach Salad, Pineapple Tidbits, French Dressing	*Mini Donuts, String Cheese and Diced Peaches *Scalloped Potatoes and Ham, WG Biscuit, Mixed Fruit	*Waffle Graham Crackers, Yogurt, Diced Pears *Chicken Patty on a Bun, Green Beans, Watermelon Applesauce, BBQ Sauce, Mayo	*Golden Graham Cereal Bar, Mandarin Oranges *Breakfast Pizza, Hash Brown Patty, Orange Smiles
Week 4	*Cereal Kit and Apple Juice *Walking Taco, Refried Beans, Shredded lettuce, Salsa Cup, Tropical Fruit	*Coco Puffs, String Cheese and Diced Pears *Chicken Drumstick, Mashed Potatoes, Dinner Roll, Apple Slices	Trix Cereal Muffin, Yogurt, Craisins *Ham and Cheese Calzone, Baby Carrots, Marinara Cup, Diced Peaches	*Strawberry Poptart, Diced Peaches *Soft Pretzel, Cheese Cup, Steamed Broccoli, Strawberry Cup	*Mini Donuts, String Cheese & Applesauce Cup *French Toast Sticks, Sausage Link, Hash Brown Bites, Fresh Pear

* = Whole Grain ingredients used in this product
 Fresh Vegetables served daily (sometimes right from our school garden!)
 All meals are served with a Choice of Milk
 Menu is subject to change without notice

**FREE
 BREAKFAST AND LUNCH
 SERVED DAILY!**

Pricing:
 Milk Only: \$.50
 Adult Breakfast: \$3.01
 Adult Lunch: \$5.13

< > September 2024

	Su	Mo	Tu	We	Th	Fr	Sa
Week 1	1	2	3	4	5	6	7
Week 2	8	9	10	11	12	13	14
Week 3	15	16	17	18	19	20	21
Week 4	22	23	24	25	26	27	28
Week 1	29	30	1	2	3	4	5
	6	7	8	9	🕒	⚙️	

< > October 2024

	Su	Mo	Tu	We	Th	Fr	Sa
Week 1	29	30	1	2	3	4	5
Week 2	6	7	8	9	10	11	12
Week 3	13	14	15	16	17	18	19
Week 4	20	21	22	23	24	25	26
Week 1	27	28	29	30	31	1	2
	3	4	5	6	🕒	⚙️	

< > November 2024

	Su	Mo	Tu	We	Th	Fr	Sa
Week 1	27	28	29	30	31	1	2
Week 2	3	4	5	6	7	8	9
Week 3	10	11	12	13	14	15	16
Week 4	17	18	19	20	21	22	23
Week 1	24	25	26	27	28	29	30
	1	2	3	4	🕒	⚙️	



Jenna Vekaryasz - Food Service Supervisor
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 Rogers City Area Schools is an Equal Opportunity Provider.